

PHARR-SAN JUAN-ALAMO INDEPENDENT SCHOOL DISTRICT  
**MEDICATION REGULATIONS**

### **MEDICATIONS FROM HOME**

It's usually better to give medicines at home than at school. But if your health care provider says the medication must be given during the school day, here is what you need to know.

**AT HOME OR AT SCHOOL?** Medications that your child may need during the school year can usually be given at home.

- If the medicine is once a day, give it before or after school
- If the medicine is twice a day, give it before school and in the evening
- If the medicine is three times a day, give it before school, after school, and at bedtime

If you have questions about how to give the medication, ask your school nurse.

**YOUR CONSENT IS REQUIRED.** We must have **written** permission from the student's parent or legal guardian to give ANY type of medication at school. You may send a handwritten note from home, pick up a form at the nurse's office or download from Home Access Center.

**NO PILLS IN BAGGIES AND NO SHARING.** All medications must be in their original containers; prescription medications must have the pharmacy label. We cannot give prescription medication for one student to any other student, even a brother or sister.

**NO SAMPLES OR MEDICATIONS FROM MEXICO.** District policy does not allow us to give sample medications, herbal products or dietary supplements, or medications from another country, except under special circumstances (see your school nurse).

**SEND UNOPENED CONTAINERS IF POSSIBLE.** To avoid the possibility of tampering, non-prescription medications should be brought to school in unopened containers (or blister packs) labeled with the student's name. The District is not liable for adverse effects from giving previously-opened medications.

**WHO DO I GIVE THE MEDICINE TO?** Bring any medications for your child to the nurse's office. Students **may not** keep the medicines and give them to themselves (see nurse for special situations).

**GOTTA FOLLOW THE INSTRUCTIONS!** Medications will only be given according to the instructions on the label. The first dose of a brand-new medication must be given at home.

### **MEDICATIONS AVAILABLE IN THE NURSE'S OFFICE**

Any of these medications (provided by PSJA) can be given to students as indicated **unless you notify the school nurse**:

- oral pain reliever gel for toothache and canker sores
- first aid spray/liquid for minor injuries
- antifungal cream for suspected ringworm or athlete's foot
- sore throat spray
- allergic reaction cream for insect bites and itchy rashes
- sore muscle cream
- eye drops for mild eye irritations/contact lens rinse
- antibiotic ointment for mild skin infections
- allergy elixir for severe allergy symptoms
- petroleum jelly for dry lips

We **do not** have medication for fever, headache or stomach aches – these types of medicines must be provided from home.