### MONDAY
- **Breakfast Break(S)**
  - Chicken Fried Steak(S)
  - White Gravy (S)
  - ABC Crackers(S)
  - Grab & Go Yogurt(S)
  - Whipped Mashed Potatoes(G)
  - Seasoned Green Beans(G)
  - Fruit Cocktail(S)/100% Fruit Juice(G)
- **Sausage Roll(S)**
- **Savory Wings(S)**
  - Dinner Roll(G)*
  - Grab & Go Yogurt(S)
  - Whipped Mashed Potatoes W/Brown Gravy (S)
  - Seasoned Green Beans(G)
  - Fruit Cocktail(S)/100% Fruit Juice(G)
  - Pork Tamales(S)
  - Mandarin Orange Chicken(S)
  - Ginger Fried Rice(G)
  - Hamburger(S)/Cheeseburger(S)
  - Garden Salad(G)
  - Baby Carrots(G)
  - Mandarin Oranges(S)/Banana(G)
  - Pancake Sandwich(S)
- **Breakfast Pocket(S)**
  - Sausage Roll(S)
  - Cavitinis(S)(ª Scoop)
  - Popcorn Chicken(S)
  - Garlic Bread Stick(G)
  - Cheesy Broccoli Florets(G)
  - Baby Carrots(G)
  - Mandarin Oranges(S)/Banana(G)
  - French Toast Minis(S)
  - Cheesy Chicken Faute Nachos(S)
  - Ham & Cheese Deli Sandwich(S)
  - Beans & A La Charra(G)
  - Crispy Lettuce & Tomato Salad(G)
  - Pineapple Tidbits(S)/Apple Slices(G)

### TUESDAY
- **Breakfast Break(S)**
- **Sausage Roll(S)**
- **Breakfast Pocket(S)**
  - Hamburger(S)/Cheeseburger(S)
  - Ham & Cheese Torta(S)
  - Cucumber Rounds(G)
  - Seasoned Spiral Potatoes(S)
  - Orange Wedges(G)/Applesauce(S)
- **Cheesy Broccoli Florets(S)**
- **Pork Tamales(S)**
- **Chocolate Chip Top(S)**
- **Breakfast Pocket(S)**
  - Crunchy Fish Sticks(S)
  - Mac & Cheese(S)
  - Ham & Cheese Torta(S)
  - Crispy Fries(S)
  - Seasoned Green Beans(G)
  - Orange Wedges(G)/Applesauce(S)
- **Breakfast Pocket(S)**
  - Mandarin Orange Chicken(S)
  - Ginger Fried Rice(G)
  - Hamburger(S)/Cheeseburger(S)
  - Garden Salad(G)
  - Baby Carrots(G)
  - Mandarin Oranges(S)/Banana(G)
  - Pancake Sandwich(S)
  - Chicken & Cheese Taquitos(S)
  - Popcorn Chicken(S)
  - Beans & A La Charra(G)
  - Crispy Lettuce & Tomato Salad(G)
  - Pineapple Tidbits(S)/Apple Slices(G)

### WEDNESDAY
- **Breakfast Break(S)**
- **Sausage Roll(S)**
- **Breakfast Pocket(S)**
  - Biscuit & Gravy(S)
  - Ham & Cheese Torta(S)
  - Cucumber Rounds(G)
  - Seasoned Spiral Potatoes(S)
  - Orange Wedges(G)/Applesauce(S)
- **Cheesy Broccoli Florets(S)**
- **Pork Tamales(S)**
- **Chocolate Chip Top(S)**
- **Breakfast Pocket(S)**
  - Biscuit & Gravy(S)
  - Ham & Cheese Torta(S)
  - Cucumber Rounds(G)
  - Seasoned Spiral Potatoes(S)
  - Orange Wedges(G)/Applesauce(S)
  - Mandarin Orange Chicken(S)
  - Ginger Fried Rice(G)
  - Hamburger(S)/Cheeseburger(S)
  - Garden Salad(G)
  - Baby Carrots(G)
  - Mandarin Oranges(S)/Banana(G)
  - Pancake Sandwich(S)
  - Chicken & Cheese Taquitos(S)
  - Popcorn Chicken(S)
  - Beans & A La Charra(G)
  - Crispy Lettuce & Tomato Salad(G)
  - Pineapple Tidbits(S)/Apple Slices(G)

### THURSDAY
- **Breakfast Break(S)**
- **Sausage Roll(S)**
- **Breakfast Pocket(S)**
  - Biscuit & Gravy(S)
  - Ham & Cheese Torta(S)
  - Cucumber Rounds(G)
  - Seasoned Spiral Potatoes(S)
  - Orange Wedges(G)/Applesauce(S)
- **Cheesy Broccoli Florets(S)**
- **Pork Tamales(S)**
- **Chocolate Chip Top(S)**
- **Breakfast Pocket(S)**
  - Biscuit & Gravy(S)
  - Ham & Cheese Torta(S)
  - Cucumber Rounds(G)
  - Seasoned Spiral Potatoes(S)
  - Orange Wedges(G)/Applesauce(S)
  - Mandarin Orange Chicken(S)
  - Ginger Fried Rice(G)
  - Hamburger(S)/Cheeseburger(S)
  - Garden Salad(G)
  - Baby Carrots(G)
  - Mandarin Oranges(S)/Banana(G)
  - Pancake Sandwich(S)
  - Chicken & Cheese Taquitos(S)
  - Popcorn Chicken(S)
  - Beans & A La Charra(G)
  - Crispy Lettuce & Tomato Salad(G)
  - Pineapple Tidbits(S)/Apple Slices(G)

### FRIDAY
- **Breakfast Break(S)**
- **Sausage Roll(S)**
- **Breakfast Pocket(S)**
  - Biscuit & Gravy(S)
  - Ham & Cheese Torta(S)
  - Cucumber Rounds(G)
  - Seasoned Spiral Potatoes(S)
  - Orange Wedges(G)/Applesauce(S)
- **Cheesy Broccoli Florets(S)**
- **Pork Tamales(S)**
- **Chocolate Chip Top(S)**
- **Breakfast Pocket(S)**
  - Biscuit & Gravy(S)
  - Ham & Cheese Torta(S)
  - Cucumber Rounds(G)
  - Seasoned Spiral Potatoes(S)
  - Orange Wedges(G)/Applesauce(S)
  - Mandarin Orange Chicken(S)
  - Ginger Fried Rice(G)
  - Hamburger(S)/Cheeseburger(S)
  - Garden Salad(G)
  - Baby Carrots(G)
  - Mandarin Oranges(S)/Banana(G)
  - Pancake Sandwich(S)
  - Chicken & Cheese Taquitos(S)
  - Popcorn Chicken(S)
  - Beans & A La Charra(G)
  - Crispy Lettuce & Tomato Salad(G)
  - Pineapple Tidbits(S)/Apple Slices(G)

### ELEMENTARY MENU

**PSJA ISD Child Nutrition Program Elementary Menu**

Fresh or dried fruit and 100% fruit juice offered daily during breakfast. Skim white milk and 1% unflavored milk & flavored nonfat milk offered daily during breakfast & lunch. Menu subject to change without notice.

**Coordinated Approach to Child Health (CATCH)**

- **SLOW-WHOA List**
- **BREAKFAST FRUIT SCHEDULE**
  - Monday: Fresh Sliced Apples
  - Tuesday: Fresh Sliced Apples
  - Wednesday: Fresh Sliced Apples
  - Thursday: Fresh Sliced Apples
  - Friday: Fresh Sliced Apples

*Some menu items include local products*

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PSJA ISD is a “Peanut Awareness” district and does not serve peanut products.